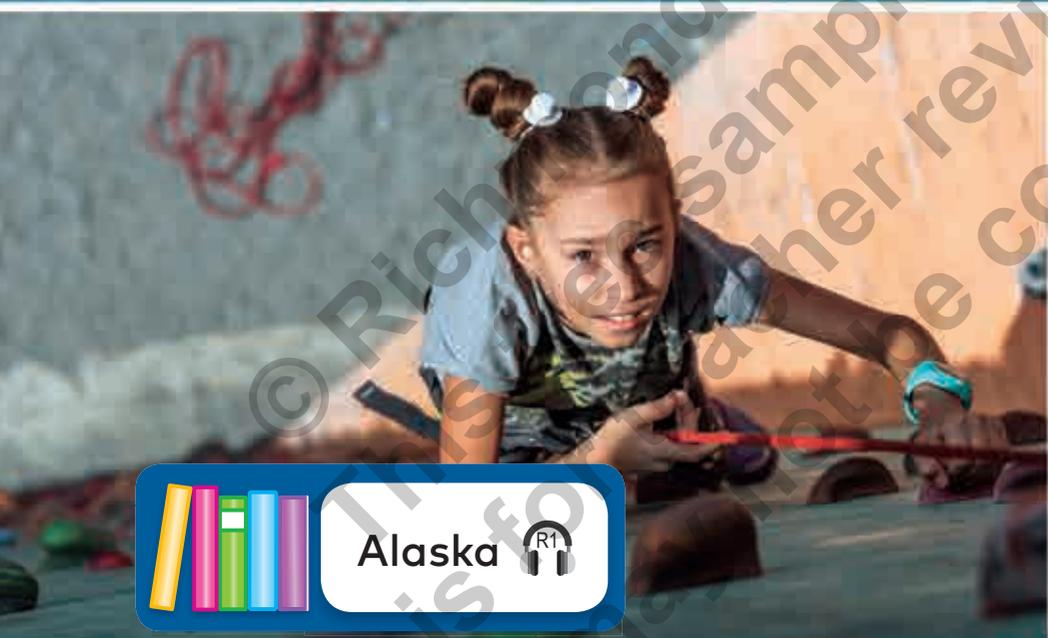


# Topic 1

## Getting Out



Alaska 

### Unit 1 Adventure Park

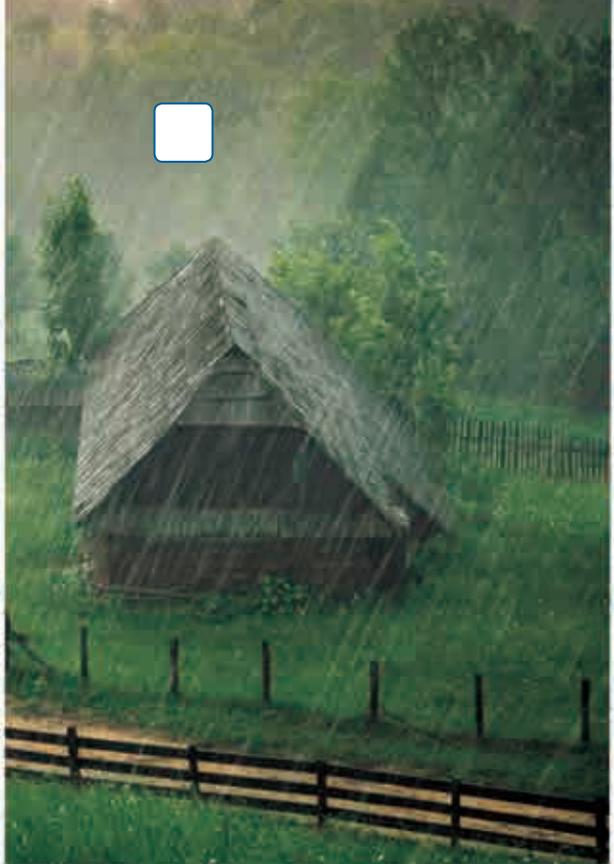
#### Outdoor Activities

- ◆ Look at the pictures and identify the activities. Then make a list in your notebook of other outdoor activities you know.

#### Equipment

- ◆ Find and circle these items in the big picture.





## Unit 2 Four Seasons

### Weather

◆ Number the pictures.

1



2



3



4



### Clothes and Accessories

◆ Find and discuss the picture that relates to these items.



# Unit 1 Adventure Park

1 Read the leaflet and label the equipment below using the words in bold.

## Adventure Land

An exciting day out with lots of activities to try!



### 1 Ice-Skating Zone

Here at Adventure Land, you can ice-skate all year round! Get your **ice skates** from the reception. We also have **kneepads** to protect your knees in case you fall down.



### 2 Pony Riding Zone

Take an hour-long pony ride in the woods. You need **riding boots**. We have riding boots available to protect your feet and give you balance when riding. Ask the instructors for a pair in your size.

1



2



3



4



5



6



◆ Choose your favorite activity and say why.

My favorite activity is riding ponies because I love animals.

2 Write the best zone according to each sentence.

1. Daisy enjoys the water. \_\_\_\_\_
2. Daisy isn't afraid of high places. \_\_\_\_\_
3. Jasper really likes to go fast. \_\_\_\_\_



3 Go-Karting Zone

For a fast and exciting experience, try one of our go-karts! Race with your friends or drive alone. But be careful! You should wear a **helmet**. Don't worry about your hair! The helmet protects your head in case you crash into other go-karts.



4 Climbing Zone

Our fun climbing wall has different routes for you to try. To be a good climber, you need to learn how to use a rope and a **harness**. Don't be afraid! The harness holds your legs and connects you to the rope to keep you safe.



5 Sailing Zone

Do you want to learn how to sail? Our expert sailing instructors can show you how! Always wear your **life jacket**. It covers your chest and back and helps you float in case you fall into the water.

Open 10 a.m. to 6 p.m. every day!

3 Listen and circle the activity the children choose to do.  

My Space

◆ Find a classmate to do an activity with.

What activity do you want to do?

What about sailing?

No, I don't like sailing! I can't swim.

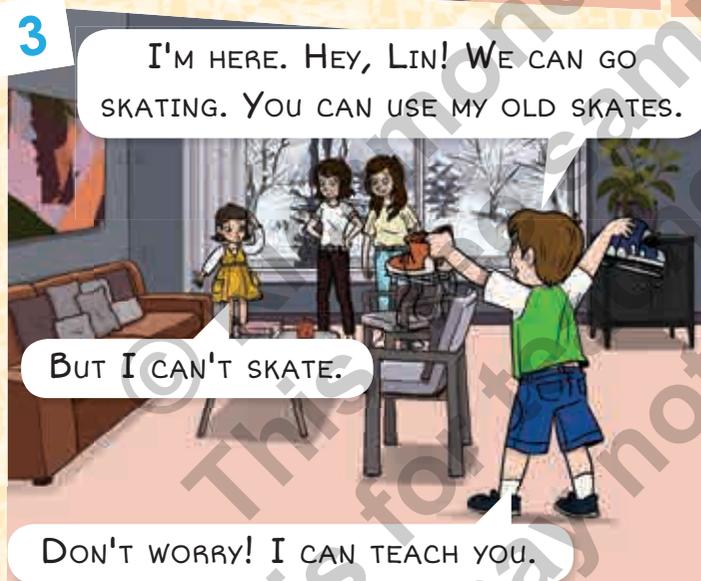
Good idea!

How about climbing?

Let's go shopping!  
Let's go for a walk in the park.  
I'm good at making things!

1 Listen and follow. 

## Good Buddies Don't Give Up!



2 Complete the sentences with the names of the characters.

1. \_\_\_\_\_ wants to go shopping.
2. \_\_\_\_\_ wants to go for a walk in the park.
3. \_\_\_\_\_ wants to go ice-skating.

◆ Write one thing that Lin learns to do and one thing that Charlie learns to do.

Lin: \_\_\_\_\_ Charlie: \_\_\_\_\_

3 Decide what you want to do after school. Tell your classmates.



4 Read and answer the questions.

1. What is Charlie good at? \_\_\_\_\_
2. What is Lin good at? \_\_\_\_\_



Play snap!

making things

speaking English

swimming

ice-skating

skateboarding

What are you good at?

I'm good at skateboarding.

Snap! Me too!

It is **more complicated than** walking.  
This is **the most complicated** move!

5 Listen to Lin and circle the correct options. 



Badminton is one of the most 1) **popular** / **unusual** sports in China. I think it's more 2) **challenging** / **exciting** than soccer because it's really fast.



Stilt racing is one of the most 3) **unusual** / **exciting** sports in China. It is more 4) **dangerous** / **complicated** than normal racing because runners sometimes fall.



Bamboo canoeing is one of the most 5) **popular** / **difficult** sports. It is more 6) **dangerous** / **challenging** than normal canoeing because people have to balance on a piece of bamboo.



◆ Read and answer the questions.

1. Why is badminton more exciting than soccer?

\_\_\_\_\_

2. Why is stilt racing more dangerous than normal racing?

\_\_\_\_\_

3. Why is bamboo canoeing more challenging than normal canoeing?

\_\_\_\_\_

◆ Say which is the most exciting, dangerous, or unusual sport in your country and why. 

 Play Guess the sport!



This is the most popular sport in the USA. It's more dangerous than baseball.

It's American football!

That's right!

## Listening

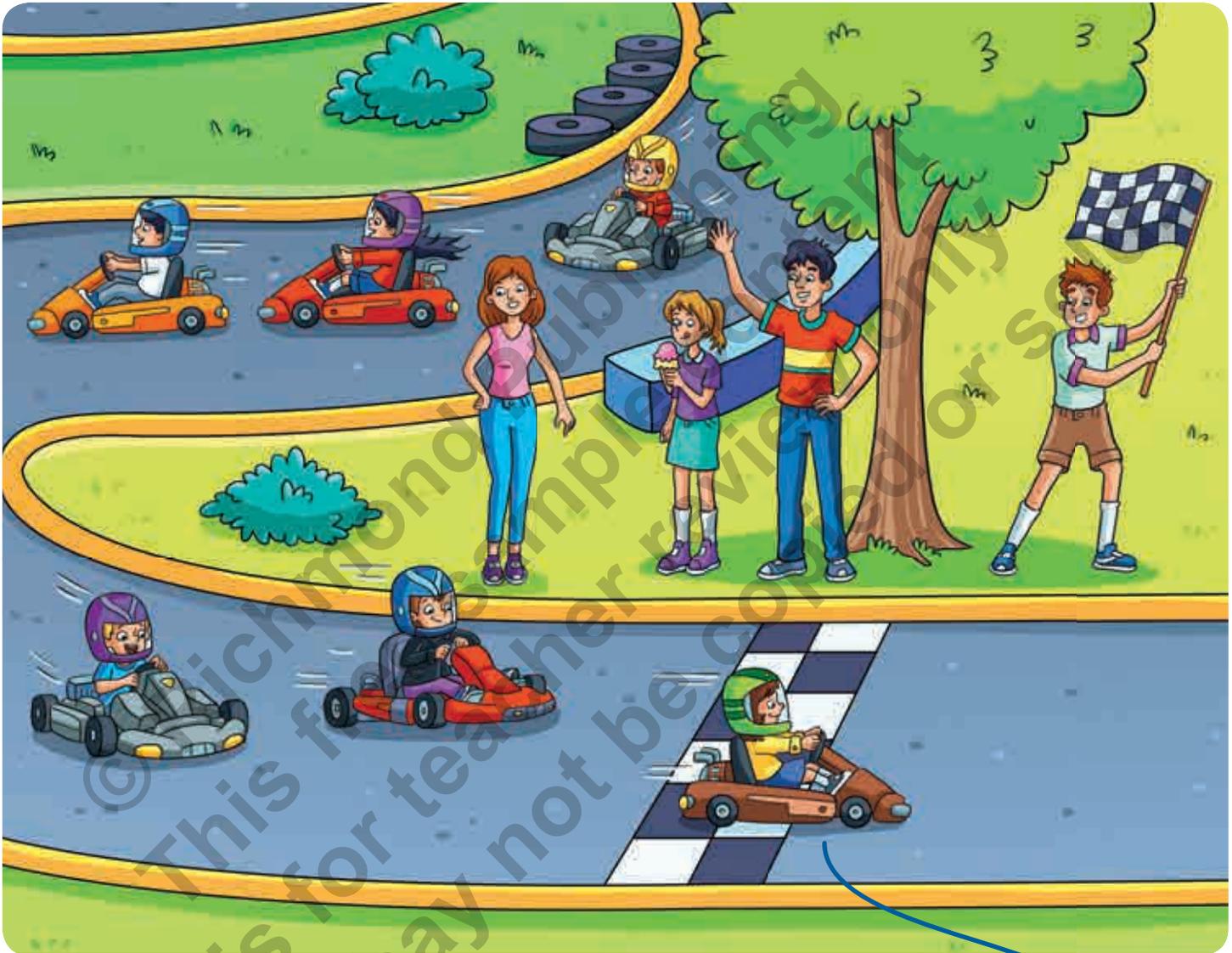
1 Listen and draw lines. There is one example.  

Fred

Paul

Vicky

Julia



Jack

Peter

Clare

## Speaking

2 Compare the go-karts in the scene. Use the words in the box.

fast    slow

3 Ask and answer with a classmate.

1. Would you like to drive a go-kart?
2. Why? Why not?

Mindful Focus 

**1 Discuss the questions about the picture.**

- 1. What is the person doing?
- 2. What is he touching?
- 3. What can he see or smell?
- 4. How do you think he feels?

**2 Imagine that you are climbing.**

**Listen and do the movements.** 

◆ **Number your feelings on the climb.**

- 1. At the beginning
- 2. In the middle
- 3. At the end



concentrated



happy and relaxed



nervous



**3 Choose a sport and write out a list of simple movements to describe what you do in that sport.**



◆ **Read your set of movements to some classmates for them to act out. Tell them to close their eyes and ask them how they feel.**

1 Listen and number the words according to their sounds. 



she  sea  sell  shoe  Sue  shell

2 Read and number the pictures in order.

1. Sue likes swimming in the sea with her sister Shirley.
2. On Saturday at six, they see an old shoe on the shore.
3. In the shoe is a shiny shell with a pearl. They wash the shell and the pearl.
4. Then Shirley and Sue take it to a jewelry store to sell it.



- ◆ Listen to the story. Circle the *sh* sounds and underline the *s* sounds. 
- ◆ Read the story aloud.

3 Listen and repeat the tongue twister.  

She sells seashells by the seashore.  
The shells she sells are seashells for sure!



Reading

1 Look at the first picture. Discuss the questions.

1. Where are the people?                      2. How are they feeling? Why?

◆ Read to check.

# Get Back On!

**Part 1**



Connor is eight years old, and he is spending the weekend at an adventure park with his family. His parents and sister want to go on a pony ride, but Connor is worried. This is his first time on a pony.

*Maybe I won't be good at riding a pony!* he thinks. *It looks more complicated than riding a bike.*

But he doesn't tell his family that he is scared. They all choose a pony for the ride. Connor chooses the smallest pony.

"Come on, get on!" the instructor says. "Your pony is the easiest to ride."

He helps Connor get on. Connor is feeling very nervous.

They start the ride. Connor is the most careful rider. Then his pony stops to eat some grass. Soon, Connor is behind all the others. They are in the distance talking and laughing with each other. Connor doesn't know what to do, so he shouts at his pony.

"Come on! Hurry up!"



2 Read Part 1 and circle **T** (True) or **F** (False).

- |                                                      |   |   |
|------------------------------------------------------|---|---|
| 1. Connor is at an adventure park with his family.   | T | F |
| 2. Connor has the biggest and fastest pony.          | T | F |
| 3. Connor's pony is slower than the rest.            | T | F |
| 4. His family and friends aren't having a good time. | T | F |
| 5. Connor shouts at his pony.                        | T | F |

## Part 2

The pony is scared by Connor's shouting. It starts to run faster and faster, but it isn't following the other riders. It goes deeper into the woods. Connor holds on tight, but it is more complicated than before! He is very scared now. Suddenly, the pony stops and Connor falls off. Luckily, he falls onto soft grass. He looks for the pony. It is eating again. Connor doesn't know where the others are, and he doesn't know what to do.

*I have to get back on the pony to get home, Connor thinks. He pats the pony's head.*

"Good pony," he says and gets on. He feels better. "Home!" he says and pats the pony's head again.

The pony takes Connor back to the adventure park. The others are waiting. Connor is smiling. He is happy he got back on the pony.

"Do you want to go on a pony ride again tomorrow?" his mom asks.

"Of course," Connor says. "I'm good at pony riding." He winks at the pony and it looks like the pony smiles back!



**3 Read Part 2 and write some words to complete the sentences about the story. You can use 1, 2 or 3 words.**

1. The pony starts running because it \_\_\_\_\_.
2. When the pony stops, Connor \_\_\_\_\_.
3. When Connor gets back to the adventure park, his family \_\_\_\_\_.
4. Connor feels \_\_\_\_\_ when he gets back to the adventure park.
5. Connor says he \_\_\_\_\_ on another pony ride tomorrow.

**4 Say how you feel when you are learning a new activity.**

**Explain why it is important not to give up.**

Writing

1 Complete the poster with the headings.

Goodbye!    Getting Ready    Having Fun

# The ABCs of How to Ride a Pony

Riding a pony is easy when you follow some simple steps.

1. \_\_\_\_\_

It's a good idea to check your equipment before you start. Make sure your hat and boots fit properly. Also, before you get on your pony, get to know the pony. Pat it gently and say "Hello!"



2. \_\_\_\_\_

It's most important to relax and have fun. Never panic when things go wrong. No one is good at riding the first time they try. Sometimes ponies stop. When they do, say "Keep walking!"



3. \_\_\_\_\_

The most complicated thing is saying goodbye to your pony. How about giving it a snack after you finish? Ponies love apples and carrots!



◆ Number each tip with the matching numbered section of the poster.

- 1. Check your equipment.
- 2. Give your pony some food.
- 3. Pat the pony.

- 4. Relax!
- 5. Say "Keep walking!"

2 Look at the pictures from a poster for *How to Sail a Dinghy*. Complete the sentences.

buckle your life jacket    have fun    take everything



1 It's important to \_\_\_\_\_ Remember to \_\_\_\_\_ It's a good idea to \_\_\_\_\_  
 \_\_\_\_\_ . \_\_\_\_\_ . \_\_\_\_\_ .

◆ Read the other tips and match them to the sections.

- |                                                     |               |
|-----------------------------------------------------|---------------|
| 1. Say <i>thank you</i> to the instructor.          | Getting Ready |
| 2. Check that the dinghy is safe to sail.           | Having Fun    |
| 3. Don't panic. Raise your hand and shout for help. | Goodbye!      |

3 Think of an adventure activity. Write a *How to...* poster in your notebook.

Step 1: Write the title of your poster.



Step 2: Decide what tips to include on your poster. Divide them into sections.



Step 3: Write the tips on your poster. Use some of these phrases:  
*It's a good idea to... / Remember to... / The most important thing is to...*

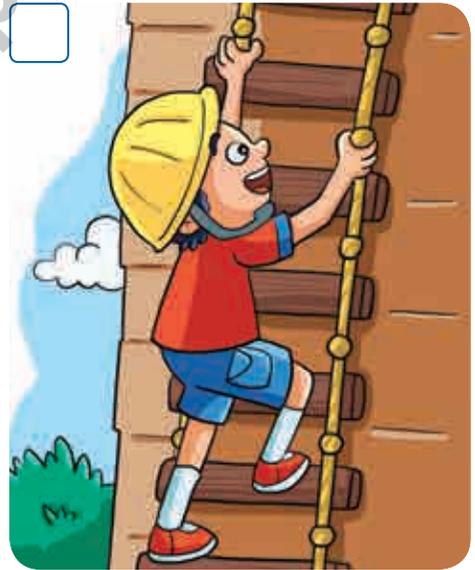
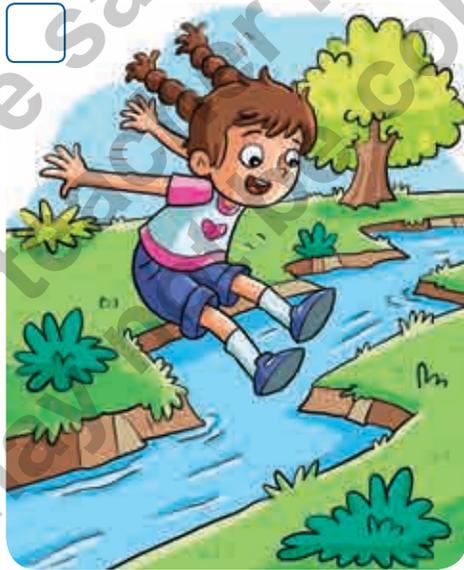
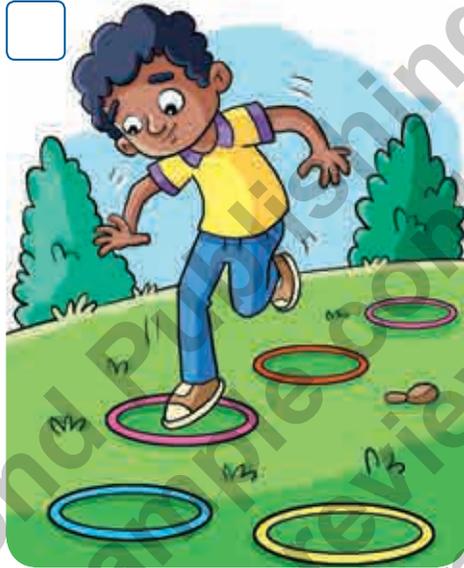


Step 4: Draw a simple illustration for each tip.

Listening

1 Describe what the kids are doing in the different pictures.

# High Ropes Adventure Park



2 Listen and number the activities on the obstacle course in order. 

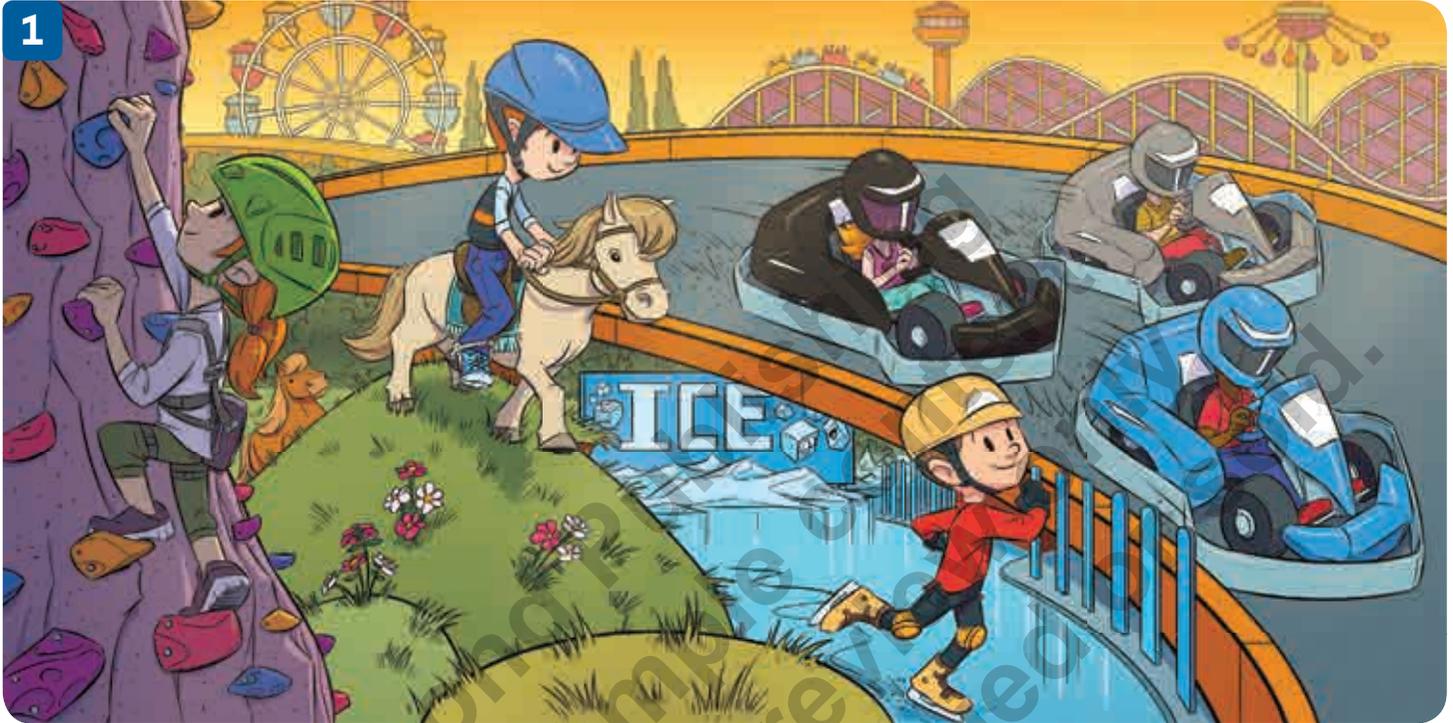
◆ Say which of your classmates would be good at this obstacle course. Give reasons.

3 Design your own obstacle course that includes the actions in the box. Tell a classmate about it.

climb    jump    skip    kick    crawl    hop

## Speaking

1 Find four differences and tell a classmate what they are.



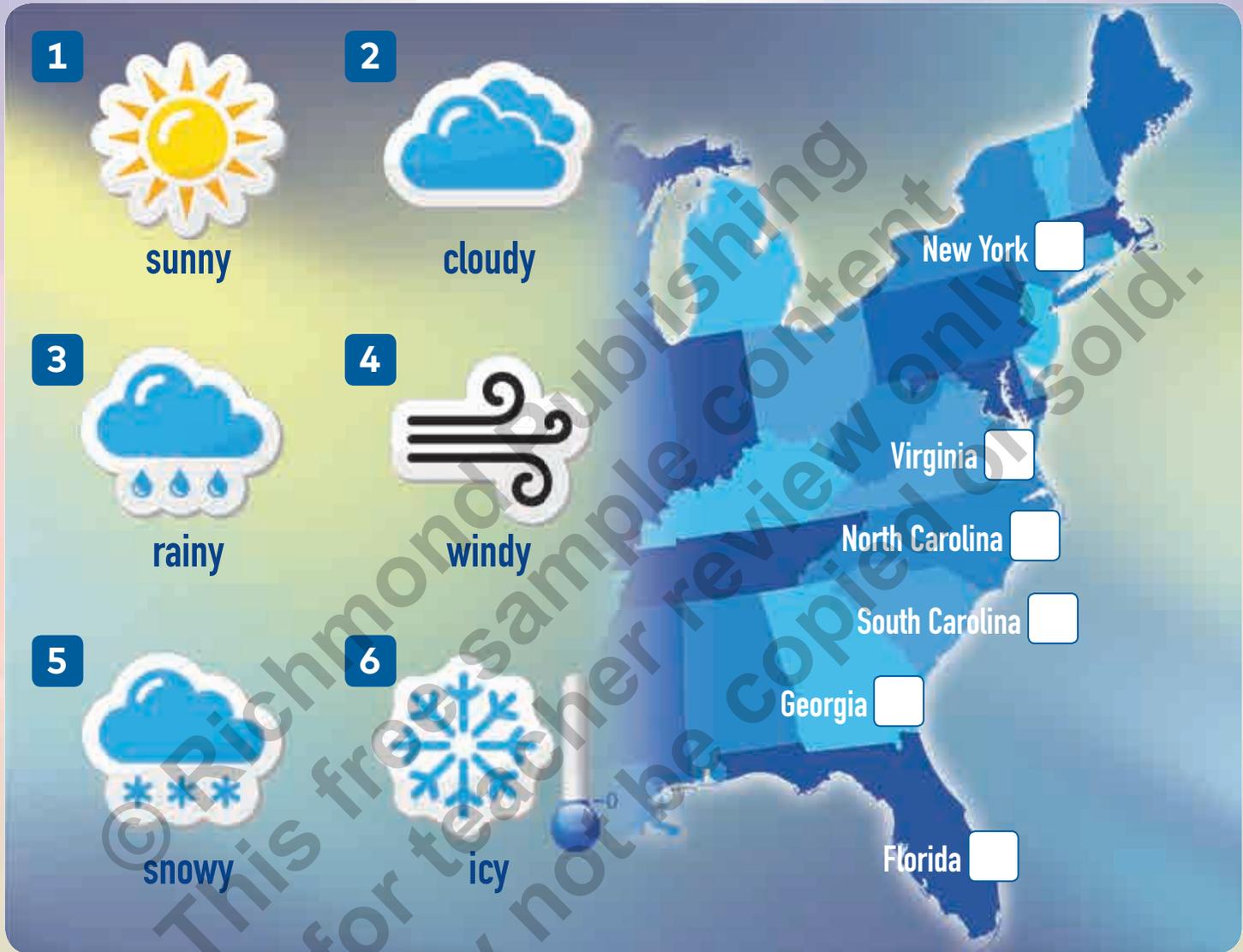
 **Play a Memory Game!**

What color is the girl's helmet in Picture 1?

In Picture 2, what is the boy in the red jacket doing?

# Unit 2 Four Seasons

1 Listen and number the map. 



1 sunny

2 cloudy

3 rainy

4 windy

5 snowy

6 icy

New York

Virginia

North Carolina

South Carolina

Georgia

Florida

◆ Listen again and write the name of the place next to each piece of advice.

1. Take an umbrella. \_\_\_\_\_
2. Go to the beach. \_\_\_\_\_
3. Be careful near the ocean. \_\_\_\_\_
4. Be careful driving. \_\_\_\_\_

2 In your notebook, draw a map of your country. Add weather symbols and give a weather report.

What's the weather like today?

It's cloudy in Lima.

3 Read the website and number the photos.

**Royal Bamboo Elementary School** | US | ADMISSIONS | TEACHERS | STUDENTS | CONTACT

GRADE 3 | Class project: Seasons

1. I love the winter in Canada because it's snowy. This is me in my warm red **coat** and new gloves. I love playing in the snow and making snow **stars**! It's cold, cold, cold!

👍 10

3. I love the spring and seeing all the flowers and the birds. Sometimes it's rainy, but it's not too **cold** or too **hot**. I'm collecting butterflies in this picture. I always let them go! I'm wearing my favorite red cap in this picture too.

👍 5

2. Summer is here! Not a **cloud** in the **sky**! Yippee! This is my favorite time of the year. I love going to the beach in my **swimsuit** and playing in the ocean. Sunny days!

👍 20

4. I love the **wind**. I go to the park on windy days. I wear my favorite **sweater** and **scarf** and I kick the leaves! Fall is great!

👍 15



◆ Complete the chart with information from the website.

	Weather	Clothes	Activity
Spring			
Summer			
Fall			
Winter			

◆ Find out what your classmates' favorite season is and why. Say which season is the most popular.

What's your favorite season? Why?

Can you **give it to** Lin?  
I don't **want to go!**  
We **need to go** higher!

1 Listen and follow. 

## Good Buddies The Best Weather



2 Read the story and complete the sentences. Use one to three words.

1. Lin's dad is calling from \_\_\_\_\_.
2. The weather there is \_\_\_\_\_.
3. The pandas are not happy because there's \_\_\_\_\_.

◆ Read again and complete the sentences with *to* and a verb.

1. The baby panda doesn't want \_\_\_\_\_ their home.
2. The pandas need \_\_\_\_\_ higher up the mountains.
3. They need \_\_\_\_\_ more bamboo to eat.
4. The pandas decide to stop because they want \_\_\_\_\_.

5 THEY CAN SEE SNOW HIGH IN THE MOUNTAINS.



6



7 THE PANDAS ARE MOVING HIGHER UP THE MOUNTAIN.



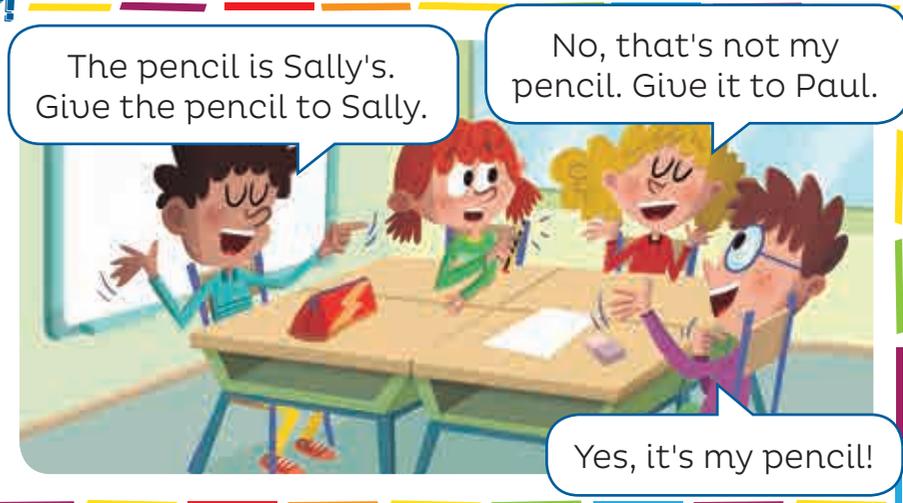
8 HIGH UP IN THE MOUNTAINS, THERE'S SNOW ON THE GROUND. THE PANDAS DECIDE TO STOP. THEY WANT TO EAT. THERE'S A LOT OF BAMBOO.



3 Answer the questions.

1. What does Charlie give to Lin? \_\_\_\_\_
2. What does the mother panda give to the baby panda? \_\_\_\_\_

Play Return the Object!



Open to Learn  
It's **worse** for them.  
This is **better**!

4 Listen and number the bears. 



Polar bears



Brown bears



Sun bears



Giant pandas

1. They are small and live in the jungle.
2. These bears like cold weather with ice and snow.
3. These bears hibernate in the winter.
4. They have their babies in the spring.

◆ Listen again and underline the correct options.

1. Hot, dry weather is **bad** / **worse** for pandas than rain.
2. Summer is **the worst** / **bad** time of year for them.
3. Polar bears don't like hot weather. Cold weather is **better** / **worse** for them.
4. **The best** / **Good** time to see pandas is in the springtime.
5. Fall is also a **good** / **better** time, but not so much because it rains a lot.

5 Look at the diagrams and talk about polar bears. 

Cold weather is good for polar bears!



1 Listen and underline the long ee sound in the words. 

1. see                      2. me                      3. cloudy                      4. ice cream

◆ Write the different spellings of the long ee sound.

1. \_\_\_\_\_                      2. \_\_\_\_\_                      3. \_\_\_\_\_                      4. \_\_\_\_\_

2 Listen to the song and write the missing letters. 

The Sunn \_\_\_ Day Ice Cr \_\_\_ m Song!

It's sunn \_\_\_! Sunn \_\_\_! Sunn \_\_\_!

Can you s \_\_\_ m \_\_\_ next to the tr \_\_\_?

It's not cloud \_\_\_ or wind \_\_\_,

rain \_\_\_ or snow \_\_\_.

It's sunn \_\_\_! Sunn \_\_\_! Sunn \_\_\_!

I'm happ \_\_\_ and fr \_\_\_!

Can you s \_\_\_ m \_\_\_ next to the tr \_\_\_?

I'm \_\_\_ ting ice cr \_\_\_ m!

Ice cr \_\_\_ m, ice cr \_\_\_ m

It's sunn \_\_\_! Sunn \_\_\_! Sunn \_\_\_!

And I'm happ \_\_\_ and fr \_\_\_,

\_\_\_ ting my ice cr \_\_\_ m next to the tr \_\_\_!



◆ Read the song and complete the picture.

3 Categorize the words you completed from the song according to the spelling of the long ee sound.

ee	e	y	ea

◆ Sing the song. 

Reading and Writing

1 Look and read. Choose the correct words and write them on the lines.

There is one example.



summer



sail



boots



a helmet



climb



ice



a life jacket



an umbrella

0. This is the hottest season.

summer

1. You use a rope to do this.

2. This helps you float in the water.

3. You wear this on your head when you go bike riding.

4. You skate on this.

5. People open this when it starts to rain.

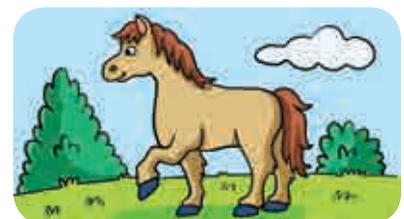
2 In your notebook, write definitions for these pictures.



winter

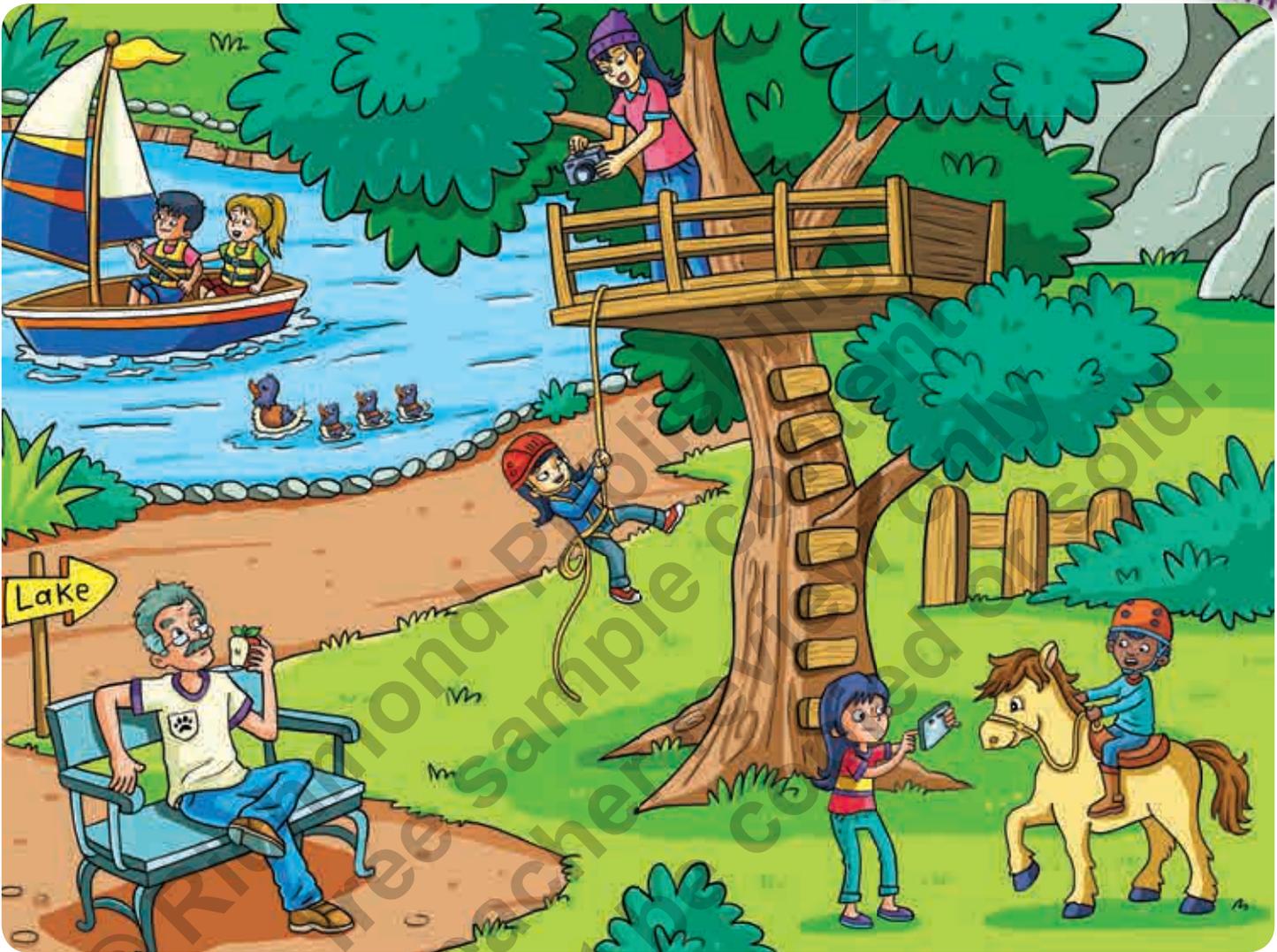


harness



pony

3 Look and read and write. There are two examples.  



0. The ducks are swimming.

0. What's the man eating? He's eating an apple.

**Complete the sentences.**

1. The woman is wearing a purple \_\_\_\_\_.

2. The boy wearing a helmet is \_\_\_\_\_.

**Answer the questions.**

3. What's the weather like? \_\_\_\_\_.

4. What's the girl with the blue sweater doing? \_\_\_\_\_.

**Now write two sentences about the picture.**

5. \_\_\_\_\_

6. \_\_\_\_\_

**1 Read and write the number to complete the quiz.**

1. Winter.
2. There are four seasons: spring, summer, fall and winter.
3. Bears and bats.
4. Summer.

## 8 Fun Facts Quiz: The Seasons

How much do you know about the seasons?

Try our 8 Fun Facts Seasons Quiz to test your knowledge. Good luck!

**1** How many seasons are there?

Answer:

**2** Do all places have the same number of seasons?

**Answer:** No! At the North and South Pole there are only two seasons—summer and winter. And in tropical places there is only a wet season and a dry season.

**3** What season starts on the longest day of the year?

Answer:

**4** How long is the summer at the South Pole?

**Answer:** The summer at the South Pole is usually three months long. The winter lasts for nine months.

**5** What season starts on the shortest day of the year?

Answer:

**6** What two animals beginning with the letter *b* sleep during the winter?

Answer:

**2 Read and underline the information that is not correct. Then correct it.**

1. Tropical places have four seasons.
2. Spring starts on the longest day of the year.
3. It is summer for six months at the South Pole.
4. Bats and bears sleep during the summer.

◆ **In your notebook, rewrite the sentences with the correct information.**

## Northern Hemisphere Seasons



### 7 Why does the year have different seasons?

- Because the earth goes around the sun. When a particular part of the earth is closer to the sun, that part is colder. When a particular part of the earth is farther from the sun, it is hotter.
- Because the earth goes around the sun. When a particular part of the earth is closer to the sun, that part is hotter. When a particular part of the earth is farther from the sun, it is colder.
- Because the sun shines more in the winter and less in the summer.

### 8 What are the summer months in the northern hemisphere?

- |                                                      |                                                       |
|------------------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> December, January, February | <input type="checkbox"/> June, July, August           |
| <input type="checkbox"/> March, April, May           | <input type="checkbox"/> September, October, November |

- ◆ Listen again and complete the Southern Hemisphere calendar with the correct months.

Southern Hemisphere

**Spring (warm and rainy)**

---

**Summer (hot and sunny)**

---

**Fall (windy and cloudy)**

---

**Winter (cold, snowy and icy)**

---

Being Prepared

1 Read and number the pictures.

# World in Focus: Heat waves

All over the world the climate is getting warmer. This means that summers are getting longer and the weather is getting hotter. It is more important than ever to be prepared for hot weather and to keep cool.

## How to Keep Cool

There are five simple things you can do:

- 1 Know what weather to expect. Listen to or watch the weather forecast or news.
- 2 Children and the elderly especially need to replace lost fluids. Drink plenty of water.
- 3 Wear the right clothes. Cover your skin with light clothes and wear sunglasses and hats.
- 4 Slow down. Avoid extreme physical activity.
- 5 Keep your home cool. Cover windows with external shutters. These protect your rooms from direct sunlight.



2 Mark (✓) the things you do in hot weather.

	Always	Sometimes	Never
1. Watch the weather forecast.			
2. Drink a lot of water.			
3. Wear protective clothing.			
4. Avoid extreme exercise.			
5. Keep my home cool.			

◆ Compare charts with your classmates. Discuss more ways to keep cool.

## Explore

- ◆ Look at the picture and discuss.

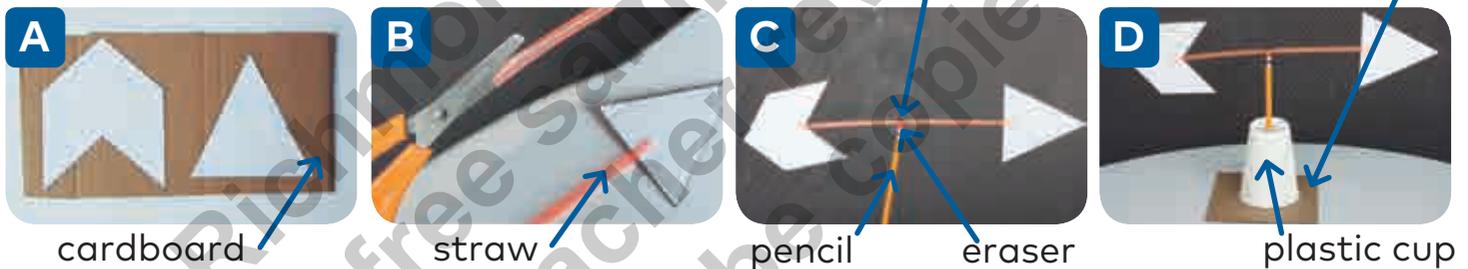
1. What is the girl doing?
2. What do you think the instruments do?



## Produce

- ◆ Make a weathervane and a rain collector.

### Weathervane



### Rain Collector

1. Cut the top of the bottle open.
2. Attach a piece of tape to the side of the bottle, lengthwise.
3. Write measurements on the tape from 0 to 10 centimeters.
4. Put stones into the bottle so it doesn't fall over in the wind.
5. Add water up to the zero mark.



- ◆ Use the weathervane to check the wind's direction and speed. Use the rain collector to measure the amount of daily rain.
- ◆ Write your notes in a weather report. Use the template on page 111 of the Practice Book. **PB**

## Present

- ◆ Make a presentation of the results of your weather report for your class.

Can you identify the sports equipment?

1 Label the pictures.



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

Can you tell people to give things to others?

2 Look and complete the sentences.

Use equipment from Activity 1.

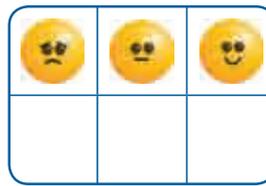


1. Give the \_\_\_\_\_ to Pete. He wants to go \_\_\_\_\_.
2. Give the \_\_\_\_\_ to Jane. She wants \_\_\_\_\_.
3. Give \_\_\_\_\_ Nick. He \_\_\_\_\_.
4. Give \_\_\_\_\_ Sarah. She \_\_\_\_\_.

Can you say what you and others are good at?

3 In your notebook, write a sentence about what you are and aren't good at.



**Can you compare adventure activities?**

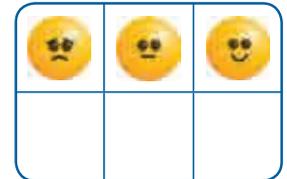
**4 Write the name of an adventure activity.**

- 1. dangerous \_\_\_\_\_
- 2. exciting \_\_\_\_\_
- 3. unusual \_\_\_\_\_
- 4. interesting \_\_\_\_\_

**◆ Complete the sentences using names of adventure activities and the adjectives in parentheses.**

- 1. \_\_\_\_\_ is \_\_\_\_\_ (exciting) than \_\_\_\_\_.
- 2. \_\_\_\_\_ is \_\_\_\_\_ (interesting) than \_\_\_\_\_.
- 3. The \_\_\_\_\_ (dangerous) activity is \_\_\_\_\_.
- 4. \_\_\_\_\_ is the \_\_\_\_\_ (unusual) activity.

**Can you talk about the weather and compare seasons?**



**5 Complete the sentences to compare the seasons.**

better    best    worse    good    cold    rain    snowy    windy

- 1. Fall is \_\_\_\_\_ than summer for flying kites. It's \_\_\_\_\_.
- 2. The \_\_\_\_\_ season for skiing is winter. It's \_\_\_\_\_.
- 3. There is a lot of \_\_\_\_\_ in spring. It's \_\_\_\_\_ for planting flowers.
- 4. Winter is \_\_\_\_\_ than spring for going bike riding. It's \_\_\_\_\_.

**Home Connection**

**◆ Make an appreciation jar.**



Alaska  